Nº ACTA: 1ªJNCABSOVA

ACTA DE LA COMPETICION.

- **NOMBRE DE LA COMPETICION.**
- 1ª J. NADADOR COMPLETO ABSOLUTO VA
- **FECHA DE LA CELEBRACION.**
  16 ENERO 2021
- **NOMBRE DE LA ENTIDAD ORGANIZADORA.**
- FEDERACION CASTILLA Y LEÓN NATACIÓN
- **LUGAR DE CELEBRACION.**
- VALLADOLID
- **NOMBRE DE LA PISCINA.**
- C.P.T.D. RÍO ESGUEVA
- **PISCINA DE 25 M. –8 CALLES.**
- **CLUBES PARTICIPANTES**
  SEGÚN HOJA

COMPOSICION DEL JURADO

JUEZ ÁRBITRO: DIEGO RECIO
JUEZ DE SALIDAS: JUAN DÍEZ
JUECES DE VIRAJES / ESTILOS:
JEFE DE CRONOMETRADORES:
CRONO VOLANTE:
CRONOMETRADORES:

EVA TORDABLE	JULIO URIZARNZA
LOURDES GRIJALBA	ESTHER SASETA
PABLO COBREROS	MARIA CANO
NIEVES ALONSO	ROSARIO CAPELLAN

CAMARA DE SALIDAS:
LOCUTOR:
PREMIACION:
DURACIÓN COMPETICIÓN:
CRONOMETRAJE ELECTRONICO:
SECRETARIA:
SECRETARIA DE RESULTADOS:

INCIDENCIAS DE LA COMPETICION

- **CERTIFICO LA VERACIDAD DE LOS RESULTADOS EL JUEZ ARBITRO**

Fdo: DIEGO RECIO

Sumario de inscritos — Todas las pruebas

Club	Código	Pais	Nadadores: Masc.	Fem.	Total	Individuales Masc.	Fem.	Total	Relevos Masc.	Fem.	Total
C.D. Torrelago Wellness	01351	ESP	14	14	28	18	17	35	-	-	-
C.N. Bierzo-Ponferrada	00814	ESP	1	-	1	2	-	2	-	-	-
C.N. Castilla-Burgos	00727	ESP	10	13	23	20	26	46	-	-	-
C.N. Leon	00480	ESP	1	-	1	2	-	2	-	-	-
C.N. Morelia	01027	ESP	4	1	5	4	1	5	-	-	-
C.N. Parquesol	P0904	ESP	12	27	39	23	54	77	-	-	-
C.N. Riavall	01005	ESP	4	9	13	4	10	14	-	-	-
Cd Acuatico Leon	01483	ESP	-	1	1	-	2	2	-	-	-
Club Benavente Natacion	P0909	ESP	-	1	1	-	2	2	-	-	-
Número total de 9 clubes			46	66	112	73	112	185	-	-	-

Prueba 1 — Fem., 200m Braza — Open
16/01/2021 - 16:15 — Resultados

Puntos: FINA 2020

Clasificación		AN		Tiempo	Pts
1.	URIZARNA GRIJALBA, Carlota	04	C.N. Castilla-Burgos	**2:45.09**	541
	50m: 38.16 (38.16) 100m: 1:20.14 (41.98) 200m: 2:45.09 (1:24.95)				
2.	GARRIDO REBOLLO, Yara	05	Cd Acuatico Leon	**2:51.21**	485
	50m: 40.20 (40.20) 100m: 1:23.84 (43.64) 200m: 2:51.21 (1:27.37)				
3.	NOGUERAS GONZALEZ, Angela	02	C.D. Torrelago Wellness	**2:52.00**	478
	50m: 38.78 (38.78) 100m: 1:23.19 (44.41) 200m: 2:52.00 (1:28.81)				
4.	TORNERO TEJERINA, Alejandra	05	C.N. Parquesol	**2:52.74**	472
	50m: 39.36 (39.36) 100m: 1:24.29 (44.93) 200m: 2:52.74 (1:28.45)				
5.	UBIERNA FERNANDEZ, Lucia	04	C.N. Parquesol	**3:02.20**	402
	50m: 40.30 (40.30) 100m: 1:26.15 (45.85) 200m: 3:02.20 (1:36.05)				
6.	GONZALEZ DORADO, Claudia	04	C.N. Parquesol	**3:02.82**	398
	50m: 41.16 (41.16) 100m: 1:27.14 (45.98) 200m: 3:02.82 (1:35.68)				
7.	VIVAR VITORES, Sara	07	C.N. Parquesol	**3:05.69**	380
	50m: 41.84 (41.84) 100m: 1:29.04 (47.20) 200m: 3:05.69 (1:36.65)				
8.	OTAEGUI QUINTANA, Maria	04	C.N. Castilla-Burgos	**3:06.27**	377
	50m: 42.34 (42.34) 100m: 1:28.89 (46.55) 200m: 3:06.27 (1:37.38)				
9.	NIKOLAEVA DIMITROVA, Micaela	05	C.N. Parquesol	**3:14.21**	332
	50m: 43.56 (43.56) 100m: 1:33.56 (50.00) 200m: 3:14.21 (1:40.65)				
10.	VECILLAS CASTRO, Leire	04	C.N. Parquesol	**3:14.64**	330
	50m: 43.02 (43.02) 100m: 1:32.35 (49.33) 200m: 3:14.64 (1:42.29)				
11.	GONZALEZ ARAUZO, Natalia	08	C.N. Castilla-Burgos	**3:15.06**	328
	50m: 45.44 (45.44) 100m: 1:34.95 (49.51) 200m: 3:15.06 (1:40.11)				
12.	REVILLA PEREZ, Paula	06	C.N. Parquesol	**3:15.16**	327
	50m: 43.52 (43.52) 100m: 1:32.75 (49.23) 200m: 3:15.16 (1:42.41)				
13.	NOGUERAS GONZALEZ, Claudia	08	C.D. Torrelago Wellness	**3:15.21**	327
	50m: 43.63 (43.63) 100m: 1:33.99 (50.36) 200m: 3:15.21 (1:41.22)				
14.	BARRIO ALVAREZ, Aroa	06	C.N. Castilla-Burgos	**3:16.09**	323
	50m: 43.62 (43.62) 100m: 1:33.22 (49.60) 200m: 3:16.09 (1:42.87)				
15.	MARCOS PALACIN, Rebeca	06	C.N. Castilla-Burgos	**3:20.13**	304
	50m: 47.34 (47.34) 100m: 1:37.21 (49.87) 200m: 3:20.13 (1:42.92)				
16.	DOMINGUEZ RAMOS, Ana	05	C.N. Parquesol	**3:25.01**	282
	50m: 46.70 (46.70) 100m: 1:38.84 (52.14) 200m: 3:25.01 (1:46.17)				
17.	NIKOLAEVA DIMITROVA, Victoria	08	C.N. Parquesol	**3:25.17**	282
	50m: 45.50 (45.50) 100m: 1:38.04 (52.54) 200m: 3:25.17 (1:47.13)				
18.	IBAÑEZ MUÑOZ, Lucia	05	C.N. Castilla-Burgos	**3:27.61**	272
	50m: 45.62 (45.62) 100m: 1:38.01 (52.39) 200m: 3:27.61 (1:49.60)				
19.	RIOCEREZO SAN ESTEBAN, Ines	06	C.N. Castilla-Burgos	**3:32.78**	252
	50m: 46.26 (46.26) 100m: 1:39.52 (53.26) 200m: 3:32.78 (1:53.26)				
20.	FRAILE GOMEZ, Lucia	07	C.N. Parquesol	**3:37.29**	237
	50m: 48.94 (48.94) 100m: 1:43.66 (54.72) 200m: 3:37.29 (1:53.63)				
21.	ASENSIO VEGA, Rebeca	05	C.N. Parquesol	**3:44.28**	216
	50m: 50.98 (50.98) 100m: 1:47.91 (56.93) 200m: 3:44.28 (1:56.37)				
22.	COLOMER GONZALEZ, Angela	05	C.N. Parquesol	**3:48.79**	203
	50m: 47.35 (47.35) 100m: 1:44.76 (57.41) 200m: 3:48.79 (2:04.03)				
23.	SIRGO MATEO, Eva	08	C.N. Parquesol	**4:03.64**	168
	50m: 55.56 (55.56) 100m: 1:57.89 (1:02.33) 200m: 4:03.64 (2:05.75)				
24.	PALOMO DELGADO, Violeta	08	C.N. Parquesol	**4:20.26**	138
	50m: 57.15 (57.15) 100m: 2:02.78 (1:05.63) 200m: 4:20.26 (2:17.48)				
DSQ	DIEZ PEREZ, Celia	03	C.N. Castilla-Burgos		
DSQ	CORTES MARTINS, Gabriela	07	C.N. Castilla-Burgos		
DSQ	GARABITO DE LA FUENTE, Laura	04	C.N. Parquesol		
DSQ	DIEGO GONZALEZ, Blanca	08	C.N. Parquesol		

Prueba 2 — Masc., 200m Braza — Open
16/01/2021 - 18:55 — Resultados

Puntos: FINA 2020

Clasificación		AN		Tiempo	Pts
1.	VALENCIANO MIGUELEZ, Adrian	04	C.N. Leon	**2:38.31**	437
	50m: 34.78 34.78 100m: 1:15.57		40.79 200m: 2:38.31 1:22.74		
2.	BLANCO ALIJAS, Sergio	03	C.N. Parquesol	**2:39.01**	431
	50m: 36.73 36.73 100m: 1:17.89		41.16 200m: 2:39.01 1:21.12		
3.	GARRIDO REBOLLO, David	01	C.N. Parquesol	**2:39.68**	426
	50m: 35.54 35.54 100m: 1:16.51		40.97 200m: 2:39.68 1:23.17		
4.	LLORENTE GONZALEZ, Juan Manuel	05	C.N. Parquesol	**2:40.37**	420
	50m: 36.04 36.04 100m: 1:16.28		40.24 200m: 2:40.37 1:24.09		
5.	MARTIN ROJO, Fabio	03	C.D. Torrelago Wellness	**2:41.10**	414
	50m: 36.61 36.61 100m: 1:18.51		41.90 200m: 2:41.10 1:22.59		
6.	ALONSO BARRIO, Diego	04	C.N. Castilla-Burgos	**2:42.34**	405
	50m: 36.90 36.90 100m: 1:10.59		33.69 200m: 2:42.34 1:31.75		
7.	VAZQUEZ LOZANO, Alejo	04	C.D. Torrelago Wellness	**2:48.06**	365
	50m: 35.44 35.44 100m: 1:18.09		42.65 200m: 2:48.06 1:29.97		
8.	GIL MORAL, Lucas	06	C.N. Parquesol	**2:50.25**	351
	50m: 35.71 35.71 100m: 1:18.81		43.10 200m: 2:50.25 1:31.44		
9.	VEGA FUERTES, Lucas	04	C.N. Castilla-Burgos	**2:52.30**	339
	50m: 39.35 39.35 100m: 1:22.96		43.61 200m: 2:52.30 1:29.34		
10.	ALVAREZ REPARAZ, Alejandro	04	C.N. Bierzo-Ponferrada	**2:54.48**	326
	50m: 39.96 39.96 100m: 1:24.41		44.45 200m: 2:54.48 1:30.07		
11.	SANCHO PUERTAS, Jose	05	C.N. Castilla-Burgos	**3:00.02**	297
	50m: 39.53 39.53 100m: 1:23.15		43.62 200m: 3:00.02 1:36.87		
12.	ACERA BARRIOS, Alejandro	05	C.N. Riavall	**3:05.16**	273
	50m: 40.57 40.57 100m: 1:27.01		46.44 200m: 3:05.16 1:38.15		
13.	GARCIA MERINO, Daniel	06	C.N. Castilla-Burgos	**3:11.16**	248
	50m: 43.36 43.36 100m: 1:31.22		47.86 200m: 3:11.16 1:39.94		
14.	ALONSO ZORRILLA, Francisco	06	C.N. Castilla-Burgos	**3:41.60**	159
	50m: 43.60 43.60 100m: 1:47.29		1:03.69 200m: 3:41.60 1:54.31		
DSQ	GANGOSO OROBON, Pablo	06	C.N. Parquesol		
Baja enf.	ALDEA DIEZ, Marco	01	C.N. Morelia		
Baja enf.	ROJO MENCIA, Marcos	04	C.N. Morelia		

Prueba 3 — Fem., 100m Mariposa — Open
16/01/2021 - 16:39 — Resultados

Puntos: FINA 2020

Clasificación		AN		Tiempo	Pts
1.	TORNERO TEJERINA, Andrea	03	C.N. Parquesol	**1:08.37**	509
	50m: 32.08 32.08 100m: 1:08.37		36.29		
2.	TORNERO TEJERINA, Alejandra	05	C.N. Parquesol	**1:08.60**	504
	50m: 32.53 32.53 100m: 1:08.60		36.07		
3.	PINEDA LOPEZ, Nayara	08	C.D. Torrelago Wellness	**1:09.79**	479
	50m: 32.86 32.86 100m: 1:09.79		36.93		
4.	MAESO MELGAR, Cecilia	04	C.N. Parquesol	**1:11.29**	449
	50m: 33.00 33.00 100m: 1:11.29		38.29		
5.	MARTIN LUCAS, Paula	05	C.D. Torrelago Wellness	**1:12.67**	424
	50m: 33.96 33.96 100m: 1:12.67		38.71		
6.	OTAEGUI QUINTANA, Maria	04	C.N. Castilla-Burgos	**1:13.04**	417
	50m: 33.94 33.94 100m: 1:13.04		39.10		
7.	SALVADOR LOPEZ, Alicia Anastasia	04	Club Benavente Natacion	**1:13.55**	409
	50m: 34.64 34.64 100m: 1:13.55		38.91		

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Prueba 3, Fem., 100m Mariposa, Open

Clasificación		AN		Tiempo	Pts
8.	DOURAL BARRIO, Jimena	06	C.N. Parquesol	**1:13.89**	403
	50m: 34.96 34.96 100m: 1:13.89 38.93				
9.	DE VENA GONZALEZ, Raquel	05	C.D. Torrelago Wellness	**1:14.90**	387
	50m: 34.90 34.90 100m: 1:14.90 40.00				
10.	GONZALEZ ARAUZO, Jimena	06	C.N. Castilla-Burgos	**1:15.13**	384
	50m: 34.44 34.44 100m: 1:15.13 40.69				
11.	CORTES MARTINS, Gabriela	07	C.N. Castilla-Burgos	**1:16.06**	370
	50m: 33.98 33.98 100m: 1:16.06 42.08				
12.	YAGUE ALONSO, Laura	03	C.N. Parquesol	**1:16.38**	365
	50m: 33.96 33.96 100m: 1:16.38 42.42				
13.	DIEGO GONZALEZ, Maria	06	C.N. Parquesol	**1:16.91**	357
	50m: 35.93 35.93 100m: 1:16.91 40.98				
14.	GONZALEZ DORADO, Claudia	04	C.N. Parquesol	**1:18.37**	338
	50m: 36.68 36.68 100m: 1:18.37 41.69				
15.	FRAILE MARTIN, Paola	06	C.N. Parquesol	**1:19.92**	319
	50m: 37.06 37.06 100m: 1:19.92 42.86				
16.	RIOCEREZO SAN ESTEBAN, Jimena	03	C.N. Castilla-Burgos	**1:21.20**	304
	50m: 36.82 36.82 100m: 1:21.20 44.38				
17.	VIVAR VITORES, Sara	07	C.N. Parquesol	**1:21.44**	301
	50m: 37.14 37.14 100m: 1:21.44 44.30				
18.	IBAÑEZ MUÑOZ, Irene	07	C.N. Castilla-Burgos	**1:21.73**	298
	50m: 36.78 36.78 100m: 1:21.73 44.95				
19.	ALVAREZ BLASCO, Sofia	06	C.N. Parquesol	**1:22.12**	294
	50m: 38.16 38.16 100m: 1:22.12 43.96				
20.	MISIEGO SAEZ, Paula	07	C.D. Torrelago Wellness	**1:22.53**	289
	50m: 38.06 38.06 100m: 1:22.53 44.47				
21.	YAGUE ALONSO, Lucia	07	C.N. Parquesol	**1:23.12**	283
	50m: 36.74 36.74 100m: 1:23.12 46.38				
22.	NUÑEZ MARTIN, Marina	02	C.N. Castilla-Burgos	**1:23.71**	277
	50m: 36.52 36.52 100m: 1:23.71 47.19				
23.	SANZ GOBERNADO, Laura	07	C.N. Riavall	**1:24.17**	273
	50m: 39.04 39.04 100m: 1:24.17 45.13				
24.	ROJO LOPEZ, Martina	08	C.D. Torrelago Wellness	**1:24.96**	265
	50m: 39.64 39.64 100m: 1:24.96 45.32				
25.	CARRASCAL VENTO, Henar	03	C.N. Riavall	**1:26.87**	248
	50m: 38.52 38.52 100m: 1:26.87 48.35				
26.	DOMINGUEZ RAMOS, Ana	05	C.N. Parquesol	**1:29.19**	229
	50m: 40.14 40.14 100m: 1:29.19 49.05				
27.	GARCIA SARACIBAR, Lucia	07	C.N. Parquesol	**1:29.78**	225
	50m: 41.43 41.43 100m: 1:29.78 48.35				
28.	DIAZ GONZALEZ, Alba	07	C.N. Riavall	**1:33.68**	198
	50m: 41.94 41.94 100m: 1:33.68 51.74				
29.	DIEGO GONZALEZ, Blanca	08	C.N. Parquesol	**1:40.67**	159
	50m: 46.52 46.52 100m: 1:40.67 54.15				
30.	COLOMER GONZALEZ, Angela	05	C.N. Parquesol	**1:41.41**	156
	50m: 42.21 42.21 100m: 1:41.41 59.20				
31.	FRAILE GOMEZ, Lucia	07	C.N. Parquesol	**1:44.88**	141
	50m: 46.61 46.61 100m: 1:44.88 58.27				
32.	PALOMO DELGADO, Violeta	08	C.N. Parquesol	**1:53.57**	111
	50m: 50.80 50.80 100m: 1:53.57 1:02.77				
Baja enf.	RODRIGUEZ TEJERINA, Laura	00	C.N. Morelia		
Baja enf.	GARCIA ZARZOSA, Ines	04	C.N. Parquesol		
Baja enf.	CABALLERO MORENO, Sandra	05	C.N. Parquesol		
Baja enf.	MARTIN CABRERA, Silvia	06	C.N. Riavall		

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Prueba 4 | Masc., 100m Mariposa | Open
16/01/2021 - 19:11 | Resultados

Puntos: FINA 2020

Clasificación		AN		Tiempo	Pts
1.	DE LA FUENTE ALONSO, Diego	06	C.D. Torrelago Wellness	**59.82**	519
	50m: 28.46 28.46 100m: 59.82 31.36				
2.	AGUADO VESPERINAS, Raúl	98	C.D. Torrelago Wellness	**1:03.07**	443
	50m: 28.93 28.93 100m: 1:03.07 34.14				
3.	PÉREZ ARBE, Julen	04	C.D. Torrelago Wellness	**1:03.24**	439
	50m: 29.14 29.14 100m: 1:03.24 34.10				
4.	PEREZ BOCOS, Asier	02	C.N. Parquesol	**1:03.75**	428
	50m: 29.71 29.71 100m: 1:03.75 34.04				
5.	RENEDO SAEZ, Adrian	03	C.N. Parquesol	**1:03.81**	427
	50m: 29.51 29.51 100m: 1:03.81 34.30				
6.	ALONSO DE LA CRUZ, Ivan	04	C.N. Parquesol	**1:04.41**	415
	50m: 30.10 30.10 100m: 1:04.41 34.31				
7.	GARRIDO REBOLLO, David	01	C.N. Parquesol	**1:05.59**	393
	50m: 29.93 29.93 100m: 1:05.59 35.66				
8.	JIMENEZ OBREGON, Hector	04	C.N. Castilla-Burgos	**1:06.81**	372
	50m: 30.10 30.10 100m: 1:06.81 36.71				
	MONGIL ADEVA, Oliver	98	C.N. Parquesol	**1:06.81**	372
	50m: 30.54 30.54 100m: 1:06.81 36.27				
10.	CUENA PAJARES, Mario	06	C.N. Parquesol	**1:06.89**	371
	50m: 31.44 31.44 100m: 1:06.89 35.45				
11.	RENEDO SAEZ, Hector	05	C.D. Torrelago Wellness	**1:07.22**	365
	50m: 31.33 31.33 100m: 1:07.22 35.89				
12.	LOBAN JIMENEZ, Hugo	05	C.N. Castilla-Burgos	**1:07.42**	362
	50m: 31.18 31.18 100m: 1:07.42 36.24				
13.	OTAEGUI QUINTANA, Victor	04	C.N. Castilla-Burgos	**1:08.31**	348
	50m: 31.04 31.04 100m: 1:08.31 37.27				
14.	MISIEGO SAEZ, Marcos	05	C.D. Torrelago Wellness	**1:08.63**	343
	50m: 32.14 32.14 100m: 1:08.63 36.49				
15.	ALONSO BARRIO, Diego	04	C.N. Castilla-Burgos	**1:08.81**	341
	50m: 30.52 30.52 100m: 1:08.81 38.29				
16.	GRACIA NIETO, Ivan	05	C.N. Parquesol	**1:09.63**	329
	50m: 32.03 32.03 100m: 1:09.63 37.60				
17.	VIRUMBRALES NAVARRO, Pablo	05	C.N. Castilla-Burgos	**1:10.20**	321
	50m: 32.50 32.50 100m: 1:10.20 37.70				
18.	DELGADO NISTAL, Gonzalo	04	C.N. Castilla-Burgos	**1:13.26**	282
	50m: 33.14 33.14 100m: 1:13.26 40.12				
19.	VEGA FUERTES, Lucas	04	C.N. Castilla-Burgos	**1:19.21**	223
	50m: 35.00 35.00 100m: 1:19.21 44.21				
20.	GARCIA MERINO, Daniel	06	C.N. Castilla-Burgos	**1:32.86**	138
	50m: 41.57 41.57 100m: 1:32.86 51.29				
21.	ALONSO ZORRILLA, Francisco	06	C.N. Castilla-Burgos	**1:43.71**	99
	50m: 47.85 47.85 100m: 1:43.71 55.86				
Baja enf.	GARROTE ESCALANTE, Fernando	00	C.N. Morelia		
Baja enf.	GARROTE ESCALANTE, Oscar	05	C.N. Morelia		
Baja enf.	TEJEDA ALVARADO, Alejandro	06	C.N. Parquesol		

Prueba 5 — Fem., 400m Libre — Open
16/01/2021 - 16:57 — Resultados

Puntos: FINA 2020

Clasificación		AN		Tiempo	Pts
1.	DE PABLO GOMEZ, Silvia	07	C.D. Torrelago Wellness	**4:38.67**	591
	50m: 30.41 30.41 200m: 2:13.02 1:09.39 400m: 4:38.67 1:13.13				
	100m: 1:03.63 33.22 300m: 3:25.54 1:12.52				
2.	GARRIDO REBOLLO, Yara	05	Cd Acuatico Leon	**4:40.04**	582
	50m: 31.64 31.64 200m: 2:17.70 1:11.19 400m: 4:40.04 1:10.87				
	100m: 1:06.51 34.87 300m: 3:29.17 1:11.47				
3.	MAESO MELGAR, Cecilia	04	C.N. Parquesol	**4:42.10**	570
	50m: 31.22 31.22 200m: 2:16.94 1:11.25 400m: 4:42.10 1:12.88				
	100m: 1:05.69 34.47 300m: 3:29.22 1:12.28				
4.	SALVADOR LOPEZ, Alicia Anastasia	04	Club Benavente Natacion	**4:42.41**	568
	50m: 32.26 32.26 200m: 2:19.02 1:11.24 400m: 4:42.41 1:10.94				
	100m: 1:07.78 35.52 300m: 3:31.47 1:12.45				
5.	URIZARNA GRIJALBA, Carlota	04	C.N. Castilla-Burgos	**4:43.02**	564
	50m: 32.70 32.70 200m: 2:20.07 1:12.05 400m: 4:43.02 1:10.69				
	100m: 1:08.02 35.32 300m: 3:32.33 1:12.26				
6.	TORNERO TEJERINA, Andrea	03	C.N. Parquesol	**4:45.44**	550
	50m: 32.52 32.52 200m: 2:19.85 1:12.78 400m: 4:45.44 1:13.17				
	100m: 1:07.07 34.55 300m: 3:32.27 1:12.42				
7.	DOURAL BARRIO, Jimena	06	C.N. Parquesol	**4:49.52**	527
	50m: 33.88 33.88 200m: 2:23.72 1:13.57 400m: 4:49.52 1:12.61				
	100m: 1:10.15 36.27 300m: 3:36.91 1:13.19				
8.	ALVAREZ BLASCO, Sofia	06	C.N. Parquesol	**4:57.67**	485
	50m: 34.82 34.82 200m: 2:30.02 1:17.18 400m: 4:57.67 1:10.59				
	100m: 1:12.84 38.02 300m: 3:47.08 1:17.06				
9.	JIMENEZ GARAY, Aroa	01	C.D. Torrelago Wellness	**4:58.89**	479
	50m: 33.63 33.63 200m: 2:25.78 1:15.51 400m: 4:58.89 1:16.26				
	100m: 1:10.27 36.64 300m: 3:42.63 1:16.85				
10.	YAGUE ALONSO, Laura	03	C.N. Parquesol	**4:58.92**	479
	50m: 32.54 32.54 200m: 2:24.84 1:16.21 400m: 4:58.92 1:17.38				
	100m: 1:08.63 36.09 300m: 3:41.54 1:16.70				
11.	GONZALEZ ARAUZO, Jimena	06	C.N. Castilla-Burgos	**5:03.92**	455
	50m: 33.92 33.92 200m: 2:27.26 1:16.57 400m: 5:03.92 1:18.77				
	100m: 1:10.69 36.77 300m: 3:45.15 1:17.89				
12.	NIKOLAEVA DIMITROVA, Micaela	05	C.N. Parquesol	**5:07.19**	441
	50m: 34.55 34.55 200m: 2:32.30 1:18.86 400m: 5:07.19 1:16.78				
	100m: 1:13.44 38.89 300m: 3:50.41 1:18.11				
13.	SANZ GOBERNADO, Laura	07	C.N. Riavall	**5:07.93**	438
	50m: 35.78 35.78 200m: 2:32.32 1:18.13 400m: 5:07.93 1:17.32				
	100m: 1:14.19 38.41 300m: 3:50.61 1:18.29				
14.	NOGUERAS GONZALEZ, Angela	02	C.D. Torrelago Wellness	**5:08.82**	434
	50m: 35.61 35.61 200m: 2:32.46 1:18.49 400m: 5:08.82 1:17.43				
	100m: 1:13.97 38.36 300m: 3:51.39 1:18.93				
15.	BARRIO ALVAREZ, Aroa	06	C.N. Castilla-Burgos	**5:14.06**	413
	50m: 35.12 35.12 200m: 2:32.59 1:18.97 400m: 5:14.06 1:20.46				
	100m: 1:13.62 38.50 300m: 3:53.60 1:21.01				
16.	REVILLA PEREZ, Paula	06	C.N. Parquesol	**5:14.69**	410
	50m: 35.00 35.00 200m: 2:32.63 1:57.63 300m: 3:55.40 1:22.77 400m: 5:14.69 1:19.29				
17.	GONZALEZ ARAUZO, Natalia	08	C.N. Castilla-Burgos	**5:14.98**	409
	50m: 36.39 36.39 200m: 2:36.28 1:20.21 400m: 5:14.98 1:18.14				
	100m: 1:16.07 39.68 300m: 3:56.84 1:20.56				
18.	VECILLAS CASTRO, Leire	04	C.N. Parquesol	**5:15.09**	409
	50m: 34.78 34.78 200m: 2:32.59 1:19.88 400m: 5:15.09 1:21.67				
	100m: 1:12.71 37.93 300m: 3:53.42 1:20.83				
19.	IBAÑEZ MUÑOZ, Irene	07	C.N. Castilla-Burgos	**5:16.19**	404
	50m: 36.28 36.28 200m: 2:35.71 1:19.96 400m: 5:16.19 1:19.35				
	100m: 1:15.75 39.47 300m: 3:56.84 1:21.13				
20.	SEGOVIA MORENO, Silvia	04	C.D. Torrelago Wellness	**5:18.88**	394
	50m: 35.63 35.63 200m: 2:36.12 1:20.99 400m: 5:18.88 1:20.46				
	100m: 1:15.13 39.50 300m: 3:58.42 1:22.30				

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Clasificación		AN		Tiempo	Pts
21.	NIKOLAEVA DIMITROVA, Victoria	08	C.N. Parquesol	**5:19.36**	392
	50m: 35.91 35.91 200m: 2:38.34 1:22.60 400m: 5:19.36 1:20.23				
	100m: 1:15.74 39.83 300m: 3:59.13 1:20.79				
22.	ALVAREZ PEQUEÑO, Lucia	04	C.D. Torrelago Wellness	**5:25.42**	371
	50m: 36.00 36.00 200m: 2:39.62 1:23.13 400m: 5:25.42 1:22.77				
	100m: 1:16.49 40.49 300m: 4:02.65 1:23.03				
23.	DIEGO GONZALEZ, Maria	06	C.N. Parquesol	**5:25.92**	369
	50m: 35.18 35.18 200m: 2:37.76 1:23.79 400m: 5:25.92 1:23.51				
	100m: 1:13.97 38.79 300m: 4:02.41 1:24.65				
24.	YAGUE ALONSO, Lucia	07	C.N. Parquesol	**5:25.94**	369
	50m: 35.63 35.63 200m: 2:39.57 1:23.74 400m: 5:25.94 1:21.91				
	100m: 1:15.83 40.20 300m: 4:04.03 1:24.46				
25.	UBIERNA FERNANDEZ, Lucia	04	C.N. Parquesol	**5:27.78**	363
	50m: 36.41 36.41 200m: 2:39.98 1:23.36 400m: 5:27.78 1:24.00				
	100m: 1:16.62 40.21 300m: 4:03.78 1:23.80				
26.	MISIEGO SAEZ, Paula	07	C.D. Torrelago Wellness	**5:31.95**	349
	50m: 37.60 37.60 200m: 2:43.62 1:24.93 400m: 5:31.95 1:23.40				
	100m: 1:18.69 41.09 300m: 4:08.55 1:24.93				
27.	FRAILE MARTIN, Paola	06	C.N. Parquesol	**5:39.74**	326
	50m: 37.56 37.56 200m: 2:45.50 1:26.77 400m: 5:39.74 1:26.43				
	100m: 1:18.73 41.17 300m: 4:13.31 1:27.81				
28.	GOMEZ SEVILLA, Nerea	07	C.N. Riavall	**5:44.91**	311
	50m: 36.45 36.45 200m: 2:48.67 1:29.58 400m: 5:44.91 1:26.88				
	100m: 1:19.09 42.64 300m: 4:18.03 1:29.36				
29.	CONDÉS ACOSTA, Leire	08	C.N. Riavall	**5:46.32**	308
	50m: 36.20 36.20 200m: 2:48.70 1:29.49 400m: 5:46.32 1:27.73				
	100m: 1:19.21 43.01 300m: 4:18.59 1:29.89				
30.	NOGUERAS GONZALEZ, Claudia	08	C.D. Torrelago Wellness	**5:48.62**	302
	50m: 38.78 38.78 200m: 2:51.98 1:29.69 400m: 5:48.62 1:27.71				
	100m: 1:22.29 43.51 300m: 4:20.91 1:28.93				
31.	JUNQUERA DEL AMO, Lucia	04	C.D. Torrelago Wellness	**5:49.42**	300
	50m: 38.53 38.53 200m: 2:48.29 1:27.63 400m: 5:49.42 1:29.26				
	100m: 1:20.66 42.13 300m: 4:20.16 1:31.87				
32.	RIOCEREZO SAN ESTEBAN, Jimena	03	C.N. Castilla-Burgos	**5:53.12**	290
	50m: 38.70 38.70 200m: 2:51.87 1:30.18 400m: 5:53.12 1:29.37				
	100m: 1:21.69 42.99 300m: 4:23.75 1:31.88				
33.	NUÑEZ MARTIN, Marina	02	C.N. Castilla-Burgos	**5:53.96**	288
	50m: 36.94 36.94 200m: 2:49.04 1:30.47 400m: 5:53.96 1:30.77				
	100m: 1:18.57 41.63 300m: 4:23.19 1:34.15				
34.	VAZQUEZ LOZANO, Jimena	01	C.D. Torrelago Wellness	**5:55.93**	283
	50m: 40.26 40.26 200m: 2:53.50 1:28.68 400m: 5:55.93 1:30.44				
	100m: 1:24.82 44.56 300m: 4:25.49 1:31.99				
35.	DIEZ PEREZ, Celia	03	C.N. Castilla-Burgos	**5:56.80**	281
	50m: 38.06 38.06 200m: 2:54.23 1:32.28 400m: 5:56.80 1:31.00				
	100m: 1:21.95 43.89 300m: 4:25.80 1:31.57				
36.	GARCIA SARACIBAR, Lucia	07	C.N. Parquesol	**5:56.81**	281
	50m: 38.81 38.81 200m: 2:53.39 1:31.11 400m: 5:56.81 1:31.07				
	100m: 1:22.28 43.47 300m: 4:25.74 1:32.35				
37.	RIOCEREZO SAN ESTEBAN, Ines	06	C.N. Castilla-Burgos	**5:58.00**	278
	50m: 39.00 39.00 200m: 2:55.70 1:32.79 400m: 5:58.00 1:30.38				
	100m: 1:22.91 43.91 300m: 4:27.62 1:31.92				
38.	MARCOS PALACIN, Rebeca	06	C.N. Castilla-Burgos	**6:03.14**	267
	50m: 41.06 41.06 200m: 2:56.53 1:32.24 400m: 6:03.14 1:32.24				
	100m: 1:24.29 43.23 300m: 4:30.90 1:34.37				
39.	SAEZ FERNANDEZ, Lucia	05	C.D. Torrelago Wellness	**6:04.74**	263
	50m: 37.59 37.59 200m: 2:57.31 1:34.64 400m: 6:04.74 1:32.67				
	100m: 1:22.67 45.08 300m: 4:32.07 1:34.76				
40.	IBAÑEZ MUÑOZ, Lucia	05	C.N. Castilla-Burgos	**6:07.85**	257
	50m: 41.81 41.81 200m: 3:01.33 1:33.78 400m: 6:07.85 1:32.99				
	100m: 1:27.55 45.74 300m: 4:34.86 1:33.53				
41.	BARRETO ABETE, Nathalia	07	C.N. Riavall	**6:15.24**	242
	50m: 41.22 41.22 200m: 3:02.08 1:34.13 400m: 6:15.24 1:34.25				
	100m: 1:27.95 46.73 300m: 4:40.99 1:38.91				

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Clasificación		AN		Tiempo	Pts
42.	ASENSIO VEGA, Rebeca	05	C.N. Parquesol	**6:42.56**	196
	50m: 43.00 43.00 200m: 3:17.56 1:44.61 400m: 6:42.56 1:40.39				
	100m: 1:32.95 49.95 300m: 5:02.17 1:44.61				
43.	SIRGO MATEO, Eva	08	C.N. Parquesol	**6:47.15**	189
	50m: 44.22 44.22 200m: 3:19.51 1:44.85 400m: 6:47.15 1:43.57				
	100m: 1:34.66 50.44 300m: 5:03.58 1:44.07				
DSQ	GARABITO DE LA FUENTE, Laura	04	C.N. Parquesol		
Baja enf.	GARCIA ZARZOSA, Ines	04	C.N. Parquesol		
Baja enf.	CABALLERO MORENO, Sandra	05	C.N. Parquesol		
Baja enf.	SANCHO DÍEZ, Eva	05	C.N. Riavall		
Baja enf.	MOREDA VILLA, Nadia	07	C.N. Riavall		

Prueba 6 — Masc., 400m Libre — Open
16/01/2021 - 19:21 — Resultados

Puntos: FINA 2020

Clasificación		AN		Tiempo	Pts
1.	ARIAS DIEZ, Mario	05	C.D. Torrelago Wellness	**4:07.02**	634
	50m: 27.98 27.98 200m: 2:00.50 1:02.25 400m: 4:07.02 1:02.91				
	100m: 58.25 30.27 300m: 3:04.11 1:03.61				
2.	DIEZ CASADO, Sergio	04	C.D. Torrelago Wellness	**4:14.12**	582
	50m: 28.29 28.29 200m: 2:03.51 1:04.21 400m: 4:14.12 1:04.64				
	100m: 59.30 31.01 300m: 3:09.48 1:05.97				
3.	MARTIN ROJO, Fabio	03	C.D. Torrelago Wellness	**4:16.17**	568
	50m: 28.62 28.62 200m: 2:05.90 1:05.09 400m: 4:16.17 1:04.90				
	100m: 1:00.81 32.19 300m: 3:11.27 1:05.37				
4.	MARCOS PICADO, Samuel	05	C.D. Torrelago Wellness	**4:17.67**	558
	50m: 28.63 28.63 200m: 2:04.78 1:04.95 400m: 4:17.67 1:06.50				
	100m: 59.83 31.20 300m: 3:11.17 1:06.39				
5.	PÉREZ ARBE, Julen	04	C.D. Torrelago Wellness	**4:22.71**	527
	50m: 29.30 29.30 200m: 2:08.88 1:07.06 400m: 4:22.71 1:07.25				
	100m: 1:01.82 32.52 300m: 3:15.46 1:06.58				
6.	GANGOSO OROBON, Pablo	06	C.N. Parquesol	**4:26.00**	508
	50m: 30.22 30.22 200m: 2:11.37 1:07.80 400m: 4:26.00 1:06.87				
	100m: 1:03.57 33.35 300m: 3:19.13 1:07.76				
7.	MOCHE PRIETO, Ivan	04	C.D. Torrelago Wellness	**4:27.51**	499
	50m: 29.75 29.75 200m: 2:10.72 1:08.07 400m: 4:27.51 1:08.26				
	100m: 1:02.65 32.90 300m: 3:19.25 1:08.53				
8.	RENEDO SAEZ, Adrian	03	C.N. Parquesol	**4:33.08**	469
	50m: 29.70 29.70 200m: 2:13.09 1:09.70 400m: 4:33.08 1:09.63				
	100m: 1:03.39 33.69 300m: 3:23.45 1:10.36				
9.	ALONSO DE LA CRUZ, Ivan	04	C.N. Parquesol	**4:33.13**	469
	50m: 30.02 30.02 200m: 2:11.83 1:08.77 400m: 4:33.13 1:10.92				
	100m: 1:03.06 33.04 300m: 3:22.21 1:10.38				
10.	PEREZ BOCOS, Asier	02	C.N. Parquesol	**4:35.00**	459
	50m: 29.96 29.96 200m: 2:14.12 1:11.08 400m: 4:35.00 1:10.51				
	100m: 1:03.04 33.08 300m: 3:24.49 1:10.37				
11.	RENEDO SAEZ, Hector	05	C.D. Torrelago Wellness	**4:41.93**	426
	50m: 31.71 31.71 200m: 2:17.92 1:11.52 400m: 4:41.93 1:11.82				
	100m: 1:06.40 34.69 300m: 3:30.11 1:12.19				
12.	ALVAREZ REPARAZ, Alejandro	04	C.N. Bierzo-Ponferrada	**4:42.24**	425
	50m: 32.04 32.04 200m: 2:18.82 1:12.01 400m: 4:42.24 1:11.41				
	100m: 1:06.81 34.77 300m: 3:30.83 1:12.01				
13.	GRACIA NIETO, Ivan	05	C.N. Parquesol	**4:44.28**	416
	50m: 31.78 31.78 200m: 2:18.32 1:12.28 400m: 4:44.28 1:12.07				
	100m: 1:06.04 34.26 300m: 3:32.21 1:13.89				
14.	VALENCIANO MIGUELEZ, Adrian	04	C.N. Leon	**4:46.14**	408
	50m: 31.90 31.90 200m: 2:19.71 1:11.58 400m: 4:46.14 1:12.69				
	100m: 1:08.13 36.23 300m: 3:33.45 1:13.74				

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Clasificación		AN		Tiempo	Pts
15.	LLORENTE GONZALEZ, Juan Manuel	05	C.N. Parquesol	**4:48.21**	399
	50m: 32.60 32.60 200m: 2:21.65 1:13.74 400m: 4:48.21 1:12.72				
	100m: 1:07.91 35.31 300m: 3:35.49 1:13.84				
16.	MISIEGO SAEZ, Marcos	05	C.D. Torrelago Wellness	**4:49.17**	395
	50m: 31.47 31.47 200m: 2:20.51 1:13.78 400m: 4:49.17 1:13.57				
	100m: 1:06.73 35.26 300m: 3:35.60 1:15.09				
17.	JIMENEZ OBREGON, Hector	04	C.N. Castilla-Burgos	**4:51.90**	384
	50m: 31.53 31.53 200m: 2:18.84 1:12.47 400m: 4:51.90 1:17.99				
	100m: 1:06.37 34.84 300m: 3:33.91 1:15.07				
18.	OTAEGUI QUINTANA, Victor	04	C.N. Castilla-Burgos	**4:52.20**	383
	50m: 32.08 32.08 200m: 2:17.78 1:12.51 400m: 4:52.20 1:16.51				
	100m: 1:05.27 33.19 300m: 3:35.69 1:17.91				
19.	CUENA PAJARES, Mario	06	C.N. Parquesol	**4:52.23**	383
	50m: 32.83 32.83 200m: 2:24.23 1:14.81 400m: 4:52.23 1:12.98				
	100m: 1:09.42 36.59 300m: 3:39.25 1:15.02				
20.	VIRUMBRALES NAVARRO, Pablo	05	C.N. Castilla-Burgos	**4:52.51**	382
	50m: 32.81 32.81 200m: 2:24.39 1:15.41 400m: 4:52.51 1:12.62				
	100m: 1:08.98 36.17 300m: 3:39.89 1:15.50				
21.	LAZARO CASTAÑO, Bruno	05	C.D. Torrelago Wellness	**4:54.71**	373
	50m: 33.70 33.70 200m: 2:27.31 1:16.47 400m: 4:54.71 1:11.54				
	100m: 1:10.84 37.14 300m: 3:43.17 1:15.86				
22.	DELGADO NISTAL, Gonzalo	04	C.N. Castilla-Burgos	**4:55.08**	372
	50m: 33.16 33.16 200m: 2:26.08 1:15.97 400m: 4:55.08 1:12.57				
	100m: 1:10.11 36.95 300m: 3:42.51 1:16.43				
23.	LOBAN JIMENEZ, Hugo	05	C.N. Castilla-Burgos	**5:02.40**	345
	50m: 32.81 32.81 200m: 2:28.40 1:18.37 400m: 5:02.40 1:15.78				
	100m: 1:10.03 37.22 300m: 3:46.62 1:18.22				
24.	PÉREZ FRANCISCO, Marcos	05	C.N. Riavall	**5:02.56**	345
	50m: 32.34 32.34 200m: 2:27.26 1:18.31 400m: 5:02.56 1:16.09				
	100m: 1:08.95 36.61 300m: 3:46.47 1:19.21				
25.	BLANCO ALIJAS, Sergio	03	C.N. Parquesol	**5:07.88**	327
	50m: 27.96 27.96 200m: 2:23.22 1:22.47 400m: 5:07.88 1:21.43				
	100m: 1:00.75 32.79 300m: 3:46.45 1:23.23				
26.	PERDICES GARCÍA, Esteban	04	C.N. Riavall	**5:11.88**	315
	50m: 32.60 32.60 200m: 2:29.92 1:19.59 400m: 5:11.88 1:20.53				
	100m: 1:10.33 37.73 300m: 3:51.35 1:21.43				
27.	MARCOS PICADO, Pablo	01	C.D. Torrelago Wellness	**5:13.07**	311
	50m: 32.65 32.65 200m: 2:31.17 1:20.51 400m: 5:13.07 1:20.20				
	100m: 1:10.66 38.01 300m: 3:52.87 1:21.70				
28.	LAZARO DELGADO, David	67	C.D. Torrelago Wellness	**5:13.65**	309
	50m: 34.96 34.96 200m: 2:33.53 1:20.52 400m: 5:13.65 1:18.25				
	100m: 1:13.01 38.05 300m: 3:55.40 1:21.87				
29.	GIL MORAL, Lucas	06	C.N. Parquesol	**5:16.06**	302
	50m: 32.78 32.78 200m: 2:30.98 1:19.89 400m: 5:16.06 1:22.05				
	100m: 1:11.09 38.31 300m: 3:54.01 1:23.03				
30.	SANCHO PUERTAS, Jose	05	C.N. Castilla-Burgos	**5:50.61**	221
	50m: 37.10 37.10 200m: 2:47.84 1:29.83 400m: 5:50.61 1:30.94				
	100m: 1:18.01 40.91 300m: 4:19.67 1:31.83				
Baja enf.	TEJEDA ALVARADO, Alejandro	06	C.N. Parquesol		
Baja enf.	FRAILE GUTIERREZ, Raul	02	C.N. Riavall		