N° ACTA: FALDNZA

ACTA DE LA COMPETICION.

- **NOMBRE DE LA COMPETICION.**
  FASE AUTONÓMICA LARGA DISTANCIA NATACIÓN ZAMORA
- **FECHA DE LA CELEBRACION.**
  11 NOVIEMBRE 2023 -
- **NOMBRE DE LA ENTIDAD ORGANIZADORA.**
  FEDERACIÓN CASTILLA Y LEÓN DE NATACIÓN
  LUGAR DE CELEBRACION.
  ZAMORA
- **NOMBRE DE LA PISCINA.**
- PM LOS ALMENDROS
- **PISCINA DE 25 E. – 8 CALLES.**
- **CLUBES PARTICIPANTES**
  SEGÚN HOJA

COMPOSICION DEL JURADO

JUEZ ÁRBITRO: SONIA VÁZQUEZ
JUEZ DE SALIDAS: SONIA VÁZQUEZ
JUECES DE VIRAJES / ESTILOS:
JEFE DE CRONOMETRADORES: ÁNGEL GONZÁLEZ
CRONOMETRADORES:

PAULA SOGO	ÓSCAR PÉREZ
Mª JOSÉ ALONSO	MODESTO MATILLA
ESTHER SASETA	VICTOR CABEZAS
NIEVES ALONSO	

CAMARA DE SALIDAS:
LOCUTOR:
PREMIACION:
DURACIÓN COMPETICIÓN:
CRONOMETRAJE ELECTRONICO: MANUEL CANO
SECRETARIA:
SECRETARIA DE RESULTADOS: SILVIA GONZÁLEZ

INCIDENCIAS DE LA COMPETICION

- **CERTIFICO LA VERACIDAD DE LOS RESULTADOS EL JUEZ ARBITRO**

Fdo: SONIA VÁZQUEZ

Sumario de inscritos

Todas las pruebas

Club	Código	Pais	Nadadores:			Individuales			Relevos		
			Masc.	Fem.	Total	Masc.	Fem.	Total	Masc.	Fem.	Total
C.D. Torrelago Wellness	01351	ESP	6	4	10	6	4	10	-	-	-
C.N. Bierzo-Ponferrada	00814	ESP	2	3	5	2	3	5	-	-	-
C.N. Ciudad De Avila	P0906	ESP	1	2	3	1	2	3	-	-	-
C.N. Palencia	00431	ESP	-	1	1	-	1	1	-	-	-
C.N. Parquesol	P0904	ESP	-	2	2	-	2	2	-	-	-
Club Benavente Natacion	P0909	ESP	-	1	1	-	1	1	-	-	-
Club Natacion Master Leon	01399	ESP	1	-	1	1	-	1	-	-	-
Número total de 7 clubes			10	13	23	10	13	23	-	-	-

Prueba 1 — 3000m Libre — 15 años y mayores
11/11/2023 — Resultados

Puntos: FINA 2023

Clasificación — AN — Tiempo — Pts

19 años y mayores, Masc.

1. VIÑUELA GONZALEZ, Kevin Tarek — 95 — Club Natacion Master Leon — **33:14.15** — 612

50m:	31.23	31.23	800m:	8:47.10	33.00	1550m:	17:04.99	33.15	2300m:	25:25.64	33.03
100m:	1:03.49	32.26	850m:	9:20.54	33.44	1600m:	17:38.40	33.41	2350m:	25:59.18	33.54
150m:	1:36.17	32.68	900m:	9:52.71	32.17	1650m:	18:11.67	33.27	2400m:	26:32.39	33.21
200m:	2:09.30	33.13	950m:	10:26.90	34.19	1700m:	18:44.88	33.21	2450m:	27:05.97	33.58
250m:	2:42.21	32.91	1000m:	11:00.22	33.32	1750m:	19:18.37	33.49	2500m:	27:39.33	33.36
300m:	3:15.68	33.47	1050m:	11:33.40	33.18	1800m:	19:51.71	33.34	2550m:	28:12.96	33.63
350m:	3:48.95	33.27	1100m:	12:06.58	33.18	1850m:	20:24.82	33.11	2600m:	28:46.31	33.35
400m:	4:21.97	33.02	1150m:	12:39.61	33.03	1900m:	20:58.10	33.28	2650m:	29:20.71	34.40
450m:	4:55.20	33.23	1200m:	13:12.62	33.01	1950m:	21:31.75	33.65	2700m:	29:54.25	33.54
500m:	5:28.20	33.00	1250m:	13:45.89	33.27	2000m:	22:05.21	33.46	2750m:	30:27.79	33.54
550m:	6:01.38	33.18	1300m:	14:19.08	33.19	2050m:	22:39.09	33.88	2800m:	31:01.31	33.52
600m:	6:34.50	33.12	1350m:	14:52.65	33.57	2100m:	23:12.68	33.59	2850m:	31:34.97	33.66
650m:	7:07.73	33.23	1400m:	15:25.77	33.12	2150m:	23:45.71	33.03	2900m:	32:08.57	33.60
700m:	7:41.05	33.32	1450m:	15:58.72	32.95	2200m:	24:19.05	33.34	2950m:	32:41.18	32.61
750m:	8:14.10	33.05	1500m:	16:31.84	33.12	2250m:	24:52.61	33.56	3000m:	33:14.15	32.97

19 años y mayores, Fem.

1. SEGOVIA MORENO, Silvia — 04 — C.D. Torrelago Wellness — **45:31.97** — 293

50m:	40.61	40.61	800m:	11:59.85	46.15	1550m:	23:27.64	45.52	2300m:	35:04.97	46.41
100m:	1:24.10	43.49	850m:	12:45.57	45.72	1600m:	24:13.53	45.89	2350m:	35:49.75	44.78
150m:	2:09.27	45.17	900m:	13:31.27	45.70	1650m:	24:59.86	46.33	2400m:	36:36.48	46.73
200m:	2:53.64	44.37	950m:	14:17.30	46.03	1700m:	25:46.02	46.16	2450m:	37:22.12	45.64
250m:	3:37.32	43.68	1000m:	15:02.82	45.52	1750m:	26:32.79	46.77	2500m:	38:07.82	45.70
300m:	4:22.68	45.36	1050m:	15:48.59	45.77	1800m:	27:19.66	46.87	2550m:	38:53.06	45.24
350m:	5:07.35	44.67	1100m:	16:34.88	46.29	1850m:	28:06.98	47.32	2600m:	39:38.65	45.59
400m:	5:53.48	46.13	1150m:	17:20.70	45.82	1900m:	28:54.07	47.09	2650m:	40:24.33	45.68
450m:	6:39.31	45.83	1200m:	18:07.09	46.39	1950m:	29:40.72	46.65	2700m:	41:10.01	45.68
500m:	7:25.39	46.08	1250m:	18:53.17	46.08	2000m:	30:26.65	45.93	2750m:	41:54.13	44.12
550m:	8:11.28	45.89	1300m:	19:38.89	45.72	2050m:	31:13.17	46.52	2800m:	42:39.30	45.17
600m:	8:56.68	45.40	1350m:	20:24.83	45.94	2100m:	32:00.35	47.18	2850m:	43:23.85	44.55
650m:	9:41.99	45.31	1400m:	21:10.98	46.15	2150m:	32:46.22	45.87	2900m:	44:08.67	44.82
700m:	10:27.87	45.88	1450m:	21:56.56	45.58	2200m:	33:32.64	46.42	3000m:	45:31.97	1:23.30
750m:	11:13.70	45.83	1500m:	22:42.12	45.56	2250m:	34:18.56	45.92			

JUNIOR 2 MASCULINO, Masc.

1. DE LA FUENTE ALONSO, Diego — 06 — C.D. Torrelago Wellness — **33:03.06** — 623

50m:	30.86	30.86	800m:	8:46.01	33.06	1550m:	17:02.47	32.78	2400m:	26:59.04	1:39.61
100m:	1:03.23	32.37	850m:	9:18.62	32.61	1600m:	17:35.54	33.07	2450m:	27:32.87	33.83
150m:	1:36.31	33.08	900m:	9:51.59	32.97	1650m:	18:08.88	33.34	2550m:	28:05.91	33.04
200m:	2:09.18	32.87	950m:	10:24.74	33.15	1700m:	18:41.97	33.09	2600m:	28:39.24	33.33
250m:	2:42.68	33.50	1000m:	10:57.85	33.11	1750m:	19:14.92	32.95	2650m:	29:12.41	33.17
300m:	3:15.60	32.92	1050m:	11:30.51	32.66	1800m:	19:48.15	33.23	2700m:	29:45.55	33.14
350m:	3:48.62	33.02	1100m:	12:03.40	32.89	1850m:	20:21.20	33.05	2750m:	30:18.63	33.08
400m:	4:21.54	32.92	1150m:	12:36.63	33.23	1900m:	20:54.38	33.18	2800m:	30:51.73	33.10
450m:	4:54.62	33.08	1200m:	13:10.02	33.39	1950m:	21:27.18	32.80	2850m:	31:24.34	32.61
500m:	5:27.74	33.12	1250m:	13:43.30	33.28	2000m:	22:00.32	33.14	2900m:	31:57.21	32.87
550m:	6:00.71	32.97	1300m:	14:16.47	33.17	2050m:	22:33.20	32.88	2950m:	32:30.66	33.45
600m:	6:33.69	32.98	1350m:	14:49.83	33.36	2100m:	23:05.92	32.72	3000m:	33:03.06	32.40
650m:	7:06.65	32.96	1400m:	15:23.05	33.22	2150m:	23:38.79	32.87			
700m:	7:39.77	33.12	1450m:	15:56.17	33.12	2200m:	24:11.96	33.17			
750m:	8:12.95	33.18	1500m:	16:29.69	33.52	2300m:	25:19.43	1:07.47			

2. ARIAS DIEZ, Mario — 05 — C.D. Torrelago Wellness — **33:27.64** — 600

50m:	31.14	31.14	700m:	7:41.71	33.08	1350m:	14:59.81	33.44	2000m:	22:18.02	33.90
100m:	1:03.67	32.53	750m:	8:15.02	33.31	1400m:	15:33.37	33.56	2050m:	22:51.42	33.40
150m:	1:36.58	32.91	800m:	8:48.52	33.50	1450m:	16:06.92	33.55	2100m:	23:25.12	33.70
200m:	2:09.72	33.14	850m:	9:22.01	33.49	1500m:	16:40.65	33.73	2150m:	23:59.14	34.02
250m:	2:43.19	33.47	900m:	9:56.05	34.04	1550m:	17:14.26	33.61	2200m:	24:32.67	33.53
300m:	3:16.20	33.01	950m:	10:30.28	34.23	1600m:	17:47.73	33.47	2250m:	25:06.52	33.85
350m:	3:49.61	33.41	1000m:	11:04.11	33.83	1650m:	18:21.78	34.05	2300m:	25:40.18	33.66
400m:	4:22.98	33.37	1050m:	11:37.96	33.85	1700m:	18:55.41	33.63	2350m:	26:14.05	33.87
450m:	4:56.71	33.73	1100m:	12:11.47	33.51	1750m:	19:28.96	33.55	2400m:	26:48.14	34.09
500m:	5:29.93	33.22	1150m:	12:45.30	33.83	1800m:	20:02.69	33.73	2450m:	27:22.01	33.87
550m:	6:02.58	32.65	1200m:	13:19.14	33.84	1850m:	20:36.57	33.88	2500m:	27:55.75	33.74
600m:	6:35.47	32.89	1250m:	13:52.90	33.76	1900m:	21:10.11	33.54	2550m:	28:29.51	33.76
650m:	7:08.63	33.16	1300m:	14:26.37	33.47	1950m:	21:44.12	34.01	2600m:	29:03.06	33.55
2650m:	29:36.44	33.38	2750m:	30:44.10	33.63	2850m:	31:50.70	33.37	2950m:	32:54.98	30.99
2700m:	30:10.47	34.03	2800m:	31:17.33	33.23	2900m:	32:23.99	33.29	3000m:	33:27.64	32.66

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Prueba 1, Masc., 3000m Libre, JUNIOR 2 MASCULINO

Clasificación		AN		Tiempo	Pts
3.	RIVAS BALBOA, Lucas	05	C.N. Bierzo-Ponferrada	**33:46.62**	583

50m:	31.76	31.76	800m:	8:54.52	33.77	1600m:	17:55.77	33.44	2350m:	26:24.15	34.10
100m:	1:04.44	32.68	850m:	9:28.99	34.47	1650m:	18:29.57	33.80	2400m:	26:58.43	34.28
150m:	1:37.74	33.30	900m:	10:02.28	33.29	1700m:	19:03.29	33.72	2450m:	27:32.64	34.21
200m:	2:10.76	33.02	1000m:	11:09.78	1:07.50	1750m:	19:37.04	33.75	2500m:	28:06.79	34.15
250m:	2:44.36	33.60	1050m:	11:45.83	36.05	1800m:	20:10.92	33.88	2550m:	28:40.85	34.06
300m:	3:17.96	33.60	1100m:	12:17.45	31.62	1850m:	20:44.90	33.98	2600m:	29:15.32	34.47
350m:	3:51.33	33.37	1150m:	12:51.11	33.66	1900m:	21:18.83	33.93	2650m:	29:49.58	34.26
400m:	4:24.45	33.12	1200m:	13:25.16	34.05	1950m:	21:52.66	33.83	2700m:	30:23.67	34.09
450m:	4:58.45	34.00	1250m:	13:58.91	33.75	2000m:	22:26.31	33.65	2750m:	30:58.18	34.51
500m:	5:31.71	33.26	1300m:	14:32.79	33.88	2050m:	23:00.14	33.83	2800m:	31:32.32	34.14
550m:	6:05.52	33.81	1350m:	15:06.79	34.00	2100m:	23:34.07	33.93	2850m:	32:06.68	34.36
600m:	6:39.31	33.79	1400m:	15:40.45	33.66	2150m:	24:07.96	33.89	2900m:	32:40.86	34.18
650m:	7:13.17	33.86	1450m:	16:14.23	33.78	2200m:	24:41.54	33.58	2950m:	33:15.00	34.14
700m:	7:46.56	33.39	1500m:	16:48.29	34.06	2250m:	25:15.84	34.30	3000m:	33:46.62	31.62
750m:	8:20.75	34.19	1550m:	17:22.33	34.04	2300m:	25:50.05	34.21			

4.	MARCOS PICADO, Samuel	05	C.D. Torrelago Wellness	**34:31.59**	546						
50m:	32.60	32.60	800m:	9:03.26	34.16	1550m:	17:40.09	35.16	2300m:	26:27.99	35.69
100m:	1:04.95	32.35	850m:	9:37.71	34.45	1600m:	18:15.34	35.25	2350m:	27:02.90	34.91
150m:	1:37.90	32.95	900m:	10:12.53	34.82	1650m:	18:50.65	35.31	2400m:	27:38.61	35.71
200m:	2:11.66	33.76	950m:	10:46.71	34.18	1700m:	19:25.74	35.09	2450m:	28:12.07	33.46
250m:	2:46.00	34.34	1000m:	11:21.05	34.34	1750m:	20:01.20	35.46	2500m:	28:47.28	35.21
300m:	3:20.11	34.11	1050m:	11:55.42	34.37	1800m:	20:36.21	35.01	2550m:	29:22.36	35.08
350m:	3:54.15	34.04	1100m:	12:29.78	34.36	1850m:	21:10.50	34.29	2600m:	29:57.25	34.89
400m:	4:28.94	34.79	1150m:	13:04.81	35.03	1900m:	21:45.62	35.12	2650m:	30:32.16	34.91
450m:	5:03.60	34.66	1200m:	13:39.75	34.94	1950m:	22:20.28	34.66	2700m:	31:06.57	34.41
500m:	5:38.02	34.42	1250m:	14:14.66	34.91	2000m:	22:55.79	35.51	2750m:	31:41.04	34.47
550m:	6:13.02	35.00	1300m:	14:48.87	34.21	2050m:	23:30.65	34.86	2800m:	32:15.64	34.60
600m:	6:46.87	33.85	1350m:	15:22.32	33.45	2100m:	24:06.26	35.61	2850m:	32:50.93	35.29
650m:	7:20.49	33.62	1400m:	15:55.89	33.57	2150m:	24:41.54	35.28	2900m:	33:25.57	34.64
700m:	7:55.16	34.67	1450m:	16:29.80	33.91	2200m:	25:16.88	35.34	2950m:	33:58.74	33.17
750m:	8:29.10	33.94	1500m:	17:04.93	35.13	2250m:	25:52.30	35.42	3000m:	34:31.59	32.85

JUNIOR 2 FEMENINO, Fem.

1.	TORNERO TEJERINA, Alejandra	05	C.N. Parquesol	**36:29.83**	570						
50m:	35.40	35.40	800m:	9:38.78	36.11	1550m:	18:44.96	35.99	2300m:	27:52.04	36.92
100m:	1:11.48	36.08	850m:	10:15.10	36.32	1600m:	19:21.27	36.31	2350m:	28:29.14	37.10
150m:	1:47.31	35.83	900m:	10:51.39	36.29	1650m:	19:57.92	36.65	2400m:	29:06.22	37.08
200m:	2:23.16	35.85	950m:	11:27.79	36.40	1700m:	20:34.32	36.40	2450m:	29:43.59	37.37
250m:	2:59.32	36.16	1000m:	12:04.37	36.58	1750m:	21:10.32	36.00	2500m:	30:20.77	37.18
300m:	3:35.64	36.32	1050m:	12:40.74	36.37	1800m:	21:46.97	36.65	2550m:	30:57.71	36.94
350m:	4:11.89	36.25	1100m:	13:16.91	36.17	1850m:	22:23.88	36.91	2600m:	31:34.33	36.62
400m:	4:48.12	36.23	1150m:	13:53.47	36.56	1900m:	23:00.60	36.72	2650m:	32:11.57	37.24
450m:	5:24.57	36.45	1200m:	14:30.05	36.58	1950m:	23:37.16	36.56	2700m:	32:48.83	37.26
500m:	6:01.19	36.62	1250m:	15:06.16	36.11	2000m:	24:13.37	36.21	2750m:	33:25.93	37.10
550m:	6:37.78	36.59	1300m:	15:42.38	36.22	2050m:	24:49.66	36.29	2800m:	34:02.90	36.97
600m:	7:14.00	36.22	1350m:	16:18.87	36.49	2100m:	25:26.20	36.54	2850m:	34:39.85	36.95
650m:	7:50.31	36.31	1400m:	16:55.27	36.40	2150m:	26:02.53	36.33	2900m:	35:16.98	37.13
700m:	8:26.49	36.18	1450m:	17:32.31	37.04	2200m:	26:39.22	36.69	2950m:	35:53.62	36.64
750m:	9:02.67	36.18	1500m:	18:08.97	36.66	2250m:	27:15.12	35.90	3000m:	36:29.83	36.21

2.	GARRIDO REBOLLO, Yara	05	C.N. Parquesol	**36:53.98**	552						
50m:	36.11	36.11	800m:	9:47.15	36.62	1550m:	18:57.60	36.30	2300m:	28:10.83	37.10
100m:	1:12.26	36.15	850m:	10:23.94	36.79	1600m:	19:33.86	36.26	2350m:	28:48.03	37.20
150m:	1:48.75	36.49	900m:	11:00.58	36.64	1650m:	20:10.33	36.47	2400m:	29:24.88	36.85
200m:	2:25.06	36.31	950m:	11:37.63	37.05	1700m:	20:47.09	36.76	2450m:	30:02.33	37.45
250m:	3:01.65	36.59	1000m:	12:14.14	36.51	1750m:	21:23.89	36.80	2500m:	30:39.63	37.30
300m:	3:38.21	36.56	1050m:	12:50.90	36.76	1800m:	22:00.85	36.96	2550m:	31:16.95	37.32
350m:	4:15.07	36.86	1100m:	13:28.09	37.19	1850m:	22:37.75	36.90	2600m:	31:54.51	37.56
400m:	4:51.81	36.74	1150m:	14:05.17	37.08	1900m:	23:14.95	37.20	2650m:	32:31.67	37.16
450m:	5:28.86	37.05	1200m:	14:41.77	36.60	1950m:	23:52.16	37.21	2700m:	33:09.02	37.35
500m:	6:05.85	36.99	1250m:	15:18.00	36.23	2000m:	24:28.84	36.68	2750m:	33:46.53	37.51
550m:	6:42.77	36.92	1300m:	15:54.77	36.77	2050m:	25:05.87	37.03	2800m:	34:24.11	37.58
600m:	7:19.55	36.78	1350m:	16:31.60	36.83	2100m:	25:42.82	36.95	2850m:	35:01.92	37.81
650m:	7:56.65	37.10	1400m:	17:08.40	36.80	2150m:	26:19.84	37.02	2900m:	35:39.69	37.77
700m:	8:33.51	36.86	1450m:	17:45.00	36.60	2200m:	26:56.71	36.87	2950m:	36:17.24	37.55
750m:	9:10.53	37.02	1500m:	18:21.30	36.30	2250m:	27:33.73	37.02	3000m:	36:53.98	36.74

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Prueba 1, Fem., 3000m Libre, JUNIOR 2 FEMENINO

Clasificación		AN		Tiempo	Pts
3.	CECILIA GARCIA, Carlota	06	Club Benavente Natacion	**40:32.46**	416

50m:	36.70	36.70	800m:	10:28.02	39.95	1550m:	20:35.83	41.44	2300m:	30:55.92	41.64
100m:	1:14.19	37.49	850m:	11:07.99	39.97	1600m:	21:16.90	41.07	2350m:	31:37.88	41.96
150m:	1:53.11	38.92	900m:	11:48.36	40.37	1650m:	21:57.92	41.02	2400m:	32:19.05	41.17
200m:	2:32.35	39.24	950m:	12:29.04	40.68	1700m:	22:39.05	41.13	2450m:	33:00.91	41.86
250m:	3:11.85	39.50	1000m:	13:09.38	40.34	1750m:	23:19.87	40.82	2500m:	33:42.37	41.46
300m:	3:50.95	39.10	1050m:	13:49.81	40.43	1800m:	24:00.52	40.65	2550m:	34:23.69	41.32
350m:	4:30.25	39.30	1100m:	14:30.13	40.32	1850m:	24:42.12	41.60	2600m:	35:04.93	41.24
400m:	5:09.62	39.37	1150m:	15:10.73	40.60	1900m:	25:22.84	40.72	2650m:	35:46.50	41.57
450m:	5:49.41	39.79	1200m:	15:51.36	40.63	1950m:	26:03.97	41.13	2700m:	36:27.72	41.22
500m:	6:28.94	39.53	1250m:	16:31.38	40.02	2000m:	26:45.58	41.61	2750m:	37:09.02	41.30
550m:	7:08.61	39.67	1300m:	17:11.62	40.24	2050m:	27:27.51	41.93	2800m:	37:50.60	41.58
600m:	7:48.21	39.60	1350m:	17:51.96	40.34	2100m:	28:09.37	41.86	2850m:	38:31.60	41.00
650m:	8:27.92	39.71	1400m:	18:32.20	40.24	2150m:	28:50.57	41.20	2900m:	39:12.67	41.07
700m:	9:08.19	40.27	1450m:	19:13.42	41.22	2200m:	29:32.37	41.80	2950m:	39:53.37	40.70
750m:	9:48.07	39.88	1500m:	19:54.39	40.97	2250m:	30:14.28	41.91	3000m:	40:32.46	39.09

Baja SACEDO PARIS, Maria 05 C.N. Ciudad De Avila

JUNIOR 1 MASCULINO, Masc.

1.	PEREZ LEGIDO, Alejandro	07	C.D. Torrelago Wellness	**34:30.05**	547

50m:	33.42	33.42	800m:	9:11.70	34.86	1550m:	17:51.06	34.42	2300m:	26:29.60	34.17
100m:	1:07.10	33.68	850m:	9:46.15	34.45	1600m:	18:25.57	34.51	2350m:	27:03.55	33.95
150m:	1:40.94	33.84	900m:	10:20.90	34.75	1650m:	19:00.30	34.73	2400m:	27:37.72	34.17
200m:	2:15.23	34.29	950m:	10:55.47	34.57	1700m:	19:35.05	34.75	2450m:	28:12.32	34.60
250m:	2:49.78	34.55	1000m:	11:30.11	34.64	1750m:	20:09.58	34.53	2500m:	28:47.17	34.85
300m:	3:24.24	34.46	1050m:	12:04.57	34.46	1800m:	20:44.18	34.60	2550m:	29:22.26	35.09
350m:	3:59.04	34.80	1100m:	12:39.58	35.01	1850m:	21:18.68	34.50	2600m:	29:57.18	34.92
400m:	4:33.95	34.91	1150m:	13:14.19	34.61	1900m:	21:53.57	34.89	2650m:	30:32.05	34.87
450m:	5:08.70	34.75	1200m:	13:49.02	34.83	1950m:	22:28.26	34.69	2700m:	31:06.80	34.75
500m:	5:43.34	34.64	1250m:	14:23.48	34.46	2000m:	23:02.99	34.73	2750m:	31:41.43	34.63
550m:	6:18.18	34.84	1300m:	14:58.28	34.80	2050m:	23:37.44	34.45	2800m:	32:15.81	34.38
600m:	6:52.70	34.52	1350m:	15:32.76	34.48	2100m:	24:12.26	34.82	2850m:	32:50.64	34.83
650m:	7:27.56	34.86	1400m:	16:07.29	34.53	2150m:	24:46.67	34.41	2900m:	33:24.72	34.08
700m:	8:02.21	34.65	1450m:	16:42.07	34.78	2200m:	25:21.12	34.45	2950m:	33:58.60	33.88
750m:	8:36.84	34.63	1500m:	17:16.64	34.57	2250m:	25:55.43	34.31	3000m:	34:30.05	31.45

2.	MAROTO GARCIA, Jorge	08	C.N. Ciudad De Avila	**42:55.08**	284

50m:	38.78	38.78	800m:	11:11.41	42.80	1550m:	21:54.36	43.82	2300m:	32:52.92	44.39
100m:	1:19.20	40.42	850m:	11:53.66	42.25	1600m:	22:37.93	43.57	2350m:	33:37.35	44.43
150m:	2:00.44	41.24	900m:	12:36.48	42.82	1650m:	23:21.99	44.06	2400m:	34:21.02	43.67
200m:	2:42.46	42.02	950m:	13:19.55	43.07	1700m:	24:05.97	43.98	2450m:	35:03.88	42.86
250m:	3:24.26	41.80	1000m:	14:02.12	42.57	1750m:	24:50.27	44.30	2500m:	35:47.07	43.19
300m:	4:06.72	42.46	1050m:	14:44.92	42.80	1800m:	25:34.29	44.02	2550m:	36:31.26	44.19
350m:	4:48.91	42.19	1100m:	15:27.27	42.35	1850m:	26:18.20	43.91	2600m:	37:15.05	43.79
400m:	5:31.22	42.31	1150m:	16:09.96	42.69	1900m:	27:02.49	44.29	2650m:	37:58.06	43.01
450m:	6:13.66	42.44	1200m:	16:53.19	43.23	1950m:	27:45.71	43.22	2700m:	38:41.08	43.02
500m:	6:56.33	42.67	1250m:	17:35.80	42.61	2000m:	28:29.25	43.54	2750m:	39:24.10	43.02
550m:	7:38.52	42.19	1300m:	18:18.22	42.42	2050m:	29:13.42	44.17	2800m:	40:07.68	43.58
600m:	8:21.09	42.57	1350m:	19:00.89	42.67	2100m:	29:57.29	43.87	2850m:	40:51.41	43.73
650m:	9:03.26	42.17	1400m:	19:44.02	43.13	2150m:	30:40.91	43.62	2900m:	41:34.13	42.72
700m:	9:46.14	42.88	1450m:	20:27.39	43.37	2200m:	31:25.21	44.30	2950m:	42:16.35	42.22
750m:	10:28.61	42.47	1500m:	21:10.54	43.15	2250m:	32:08.53	43.32	3000m:	42:55.08	38.73

JUNIOR 1 FEMENINO, Fem.

1.	ARIAS HERAS, Beatriz	07	C.N. Bierzo-Ponferrada	**44:09.54**	322

50m:	38.85	38.85	800m:	11:30.21	44.31	1550m:	22:39.31	45.02	2300m:	33:47.92	44.98
100m:	1:20.27	41.42	850m:	12:14.44	44.23	1600m:	23:23.02	43.71	2350m:	34:32.85	44.93
150m:	2:03.01	42.74	900m:	12:58.89	44.45	1650m:	24:07.38	44.36	2400m:	35:17.84	44.99
200m:	2:45.84	42.83	950m:	13:43.31	44.42	1700m:	24:51.56	44.18	2450m:	36:02.58	44.74
250m:	3:28.30	42.46	1000m:	14:28.03	44.72	1750m:	25:36.62	45.06	2500m:	36:47.82	45.24
300m:	4:11.77	43.47	1050m:	15:12.32	44.29	1800m:	26:21.46	44.84	2550m:	37:32.76	44.94
350m:	4:55.54	43.77	1100m:	15:56.68	44.36	1850m:	27:06.10	44.64	2600m:	38:16.79	44.03
400m:	5:39.47	43.93	1150m:	16:40.96	44.28	1900m:	27:50.22	44.12	2650m:	39:01.62	44.83
450m:	6:22.70	43.23	1200m:	17:25.59	44.63	1950m:	28:34.60	44.38	2700m:	39:46.55	44.93
500m:	7:06.22	43.52	1250m:	18:10.68	45.09	2000m:	29:19.19	44.59	2750m:	40:31.33	44.78
550m:	7:50.28	44.06	1300m:	18:55.52	44.84	2050m:	30:03.94	44.75	2800m:	41:15.99	44.66
600m:	8:34.22	43.94	1350m:	19:40.22	44.70	2100m:	30:48.63	44.69	2850m:	42:00.09	44.10
650m:	9:18.05	43.83	1400m:	20:25.12	44.90	2150m:	31:33.38	44.75	2900m:	42:44.66	44.57
700m:	10:02.12	44.07	1450m:	21:09.51	44.39	2200m:	32:18.32	44.94	2950m:	43:27.82	43.16
750m:	10:45.90	43.78	1500m:	21:54.29	44.78	2250m:	33:02.94	44.62	3000m:	44:09.54	41.72

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Prueba 2 — 2000m Libre — 13 - 14 años
11/11/2023 — Resultados

Puntos: FINA 2023

Clasificación — AN — Tiempo — Pts

INFANTIL MASCULINO, Masc.

1. CELA CABAÑAS, Alvar — 09 — C.D. Torrelago Wellness — **22:29.35** — 586

50m:	31.67	31.67	550m:	6:07.57	33.71	1050m:	11:47.10	34.01	1550m:	17:28.37	33.77
100m:	1:04.92	33.25	600m:	6:41.57	34.00	1100m:	12:21.13	34.03	1600m:	18:02.05	33.68
150m:	1:38.44	33.52	650m:	7:15.31	33.74	1150m:	12:55.31	34.18	1650m:	18:35.77	33.72
200m:	2:11.90	33.46	700m:	7:49.11	33.80	1200m:	13:29.52	34.21	1700m:	19:09.58	33.81
250m:	2:45.29	33.39	750m:	8:23.19	34.08	1250m:	14:03.67	34.15	1750m:	19:43.43	33.85
300m:	3:19.02	33.73	800m:	8:57.24	34.05	1300m:	14:37.71	34.04	1800m:	20:17.18	33.75
350m:	3:52.58	33.56	850m:	9:31.18	33.94	1350m:	15:12.12	34.41	1850m:	20:50.85	33.67
400m:	4:26.30	33.72	900m:	10:05.19	34.01	1400m:	15:46.21	34.09	1900m:	21:24.14	33.29
450m:	5:00.18	33.88	950m:	10:39.01	33.82	1450m:	16:20.39	34.18	1950m:	21:57.96	33.82
500m:	5:33.86	33.68	1000m:	11:13.09	34.08	1500m:	16:54.60	34.21	2000m:	22:29.35	31.39

2. ALVAREZ FERNANDEZ, Mario — 09 — C.D. Torrelago Wellness — **23:30.29** — 513

50m:	33.68	33.68	550m:	6:30.15	35.70	1050m:	12:24.78	35.66	1550m:	18:21.45	35.04
100m:	1:09.35	35.67	600m:	7:05.93	35.78	1100m:	13:00.59	35.81	1600m:	18:56.36	34.91
150m:	1:44.63	35.28	650m:	7:41.50	35.57	1150m:	13:35.95	35.36	1650m:	19:31.23	34.87
200m:	2:19.76	35.13	700m:	8:17.44	35.94	1200m:	14:12.00	36.05	1700m:	20:05.70	34.47
250m:	2:55.27	35.51	750m:	8:53.52	36.08	1250m:	14:47.62	35.62	1750m:	20:40.11	34.41
300m:	3:30.71	35.44	800m:	9:29.21	35.69	1300m:	15:23.69	36.07	1800m:	21:14.50	34.39
350m:	4:06.45	35.74	850m:	10:05.08	35.87	1350m:	15:59.42	35.73	1850m:	21:49.06	34.56
400m:	4:42.22	35.77	900m:	10:39.40	34.32	1400m:	16:35.16	35.74	1900m:	22:22.84	33.78
450m:	5:18.29	36.07	950m:	11:13.80	34.40	1450m:	17:10.78	35.62	1950m:	22:56.64	33.80
500m:	5:54.45	36.16	1000m:	11:49.12	35.32	1500m:	17:46.41	35.63	2000m:	23:30.29	33.65

3. LÓPEZ FERNÁNDEZ, Álex — 10 — C.N. Bierzo-Ponferrada — **29:38.17** — 256

50m:	38.06	38.06	550m:	8:03.20	44.67	1050m:	15:33.72	45.92	1550m:	23:01.66	44.27
100m:	1:19.64	41.58	600m:	8:50.11	46.91	1100m:	16:19.15	45.43	1600m:	23:47.50	45.84
150m:	2:02.50	42.86	650m:	9:32.91	42.80	1150m:	17:04.14	44.99	1650m:	24:31.13	43.63
200m:	2:46.54	44.04	700m:	10:18.15	45.24	1200m:	17:49.58	45.44	1700m:	25:14.42	43.29
250m:	3:30.72	44.18	750m:	11:01.73	43.58	1250m:	18:33.64	44.06	1750m:	25:59.37	44.95
300m:	4:16.01	45.29	800m:	11:47.69	45.96	1300m:	19:19.11	45.47	1800m:	26:44.04	44.67
350m:	5:01.64	45.63	850m:	12:32.41	44.72	1350m:	20:03.44	44.33	1850m:	27:26.75	42.71
400m:	5:47.40	45.76	900m:	13:17.45	45.04	1400m:	20:47.79	44.35	1900m:	28:12.08	45.33
450m:	6:32.98	45.58	950m:	14:02.98	45.53	1450m:	21:32.46	44.67	1950m:	28:56.25	44.17
500m:	7:18.53	45.55	1000m:	14:47.80	44.82	1500m:	22:17.39	44.93	2000m:	29:38.17	41.92

INFANTIL FEMENINO, Fem.

1. CARLON DE FUENTES, Irene — 10 — C.D. Torrelago Wellness — **24:29.50** — 559

50m:	35.37	35.37	550m:	6:41.38	36.69	1050m:	12:49.48	37.02	1550m:	19:00.02	36.57
100m:	1:11.30	35.93	600m:	7:18.13	36.75	1100m:	13:26.32	36.84	1600m:	19:36.95	36.93
150m:	1:48.04	36.74	650m:	7:55.04	36.91	1150m:	14:03.45	37.13	1650m:	20:13.99	37.04
200m:	2:24.91	36.87	700m:	8:31.90	36.86	1200m:	14:40.98	37.53	1700m:	20:50.90	36.91
250m:	3:01.62	36.71	750m:	9:08.57	36.67	1250m:	15:17.82	36.84	1750m:	21:28.33	37.43
300m:	3:38.26	36.64	800m:	9:45.35	36.78	1300m:	15:55.21	37.39	1800m:	22:04.94	36.61
350m:	4:14.84	36.58	850m:	10:22.31	36.96	1350m:	16:32.02	36.81	1850m:	22:41.77	36.83
400m:	4:51.69	36.85	900m:	10:58.90	36.59	1400m:	17:08.78	36.76	1900m:	23:18.26	36.49
450m:	5:28.27	36.58	950m:	11:35.59	36.69	1450m:	17:46.08	37.30	1950m:	23:55.03	36.77
500m:	6:04.69	36.42	1000m:	12:12.46	36.87	1500m:	18:23.45	37.37	2000m:	24:29.50	34.47

2. GONZALEZ SAÑUDO, Daniela — 10 — C.D. Torrelago Wellness — **25:20.23** — 505

50m:	35.91	35.91	550m:	6:48.86	37.79	1050m:	13:10.83	37.91	1550m:	19:39.88	38.76
100m:	1:12.80	36.89	600m:	7:27.02	38.16	1100m:	13:48.81	37.98	1600m:	20:18.73	38.85
150m:	1:49.72	36.92	650m:	8:05.24	38.22	1150m:	14:27.87	39.06	1650m:	20:57.86	39.13
200m:	2:26.50	36.78	700m:	8:43.48	38.24	1200m:	15:06.49	38.62	1700m:	21:35.35	37.49
250m:	3:03.33	36.83	750m:	9:21.45	37.97	1250m:	15:45.42	38.93	1750m:	22:13.80	38.45
300m:	3:40.59	37.26	800m:	9:59.78	38.33	1300m:	16:24.24	38.82	1800m:	22:52.10	38.30
350m:	4:17.85	37.26	850m:	10:38.34	38.56	1350m:	17:03.55	39.31	1850m:	23:29.68	37.58
400m:	4:55.35	37.50	900m:	11:16.91	38.57	1400m:	17:42.83	39.28	1900m:	24:08.25	38.57
450m:	5:33.27	37.92	950m:	11:55.45	38.54	1450m:	18:22.12	39.29	1950m:	24:45.89	37.64
500m:	6:11.07	37.80	1000m:	12:32.92	37.47	1500m:	19:01.12	39.00	2000m:	25:20.23	34.34

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Prueba 2, Fem., 2000m Libre, INFANTIL FEMENINO

Clasificación		AN		Tiempo	Pts
3.	REDONDO DIEZ, Ana	09	C.N. Palencia	**25:52.78**	474

50m:	35.46	35.46	550m:	6:50.20	37.84	1050m:	13:24.01	39.70	1550m:	20:00.93	39.52
100m:	1:11.89	36.43	600m:	7:28.50	38.30	1100m:	14:03.84	39.83	1600m:	20:40.42	39.49
150m:	1:48.68	36.79	650m:	8:07.25	38.75	1150m:	14:43.63	39.79	1650m:	21:20.23	39.81
200m:	2:25.51	36.83	700m:	8:46.41	39.16	1200m:	15:23.84	40.21	1700m:	21:59.85	39.62
250m:	3:02.44	36.93	750m:	9:25.92	39.51	1250m:	16:03.71	39.87	1750m:	22:39.26	39.41
300m:	3:39.80	37.36	800m:	10:05.41	39.49	1300m:	16:43.62	39.91	1800m:	23:18.38	39.12
350m:	4:17.41	37.61	850m:	10:45.20	39.79	1350m:	17:23.07	39.45	1850m:	23:57.38	39.00
400m:	4:55.49	38.08	900m:	11:24.97	39.77	1400m:	18:02.69	39.62	1900m:	24:35.89	38.51
450m:	5:33.95	38.46	950m:	12:04.43	39.46	1450m:	18:41.99	39.30	2000m:	25:52.78	1:16.89
500m:	6:12.36	38.41	1000m:	12:44.31	39.88	1500m:	19:21.41	39.42			

4.	CARLON FUENTES, Elisa	10	C.D. Torrelago Wellness	**26:38.04**	435						
50m:	37.45	37.45	550m:	7:11.15	39.54	1050m:	13:50.98	40.03	1550m:	20:36.52	40.33
100m:	1:15.35	37.90	600m:	7:50.57	39.42	1100m:	14:31.29	40.31	1600m:	21:16.91	40.39
150m:	1:54.21	38.86	650m:	8:30.44	39.87	1150m:	15:11.50	40.21	1650m:	21:57.79	40.88
200m:	2:33.24	39.03	700m:	9:10.52	40.08	1200m:	15:51.69	40.19	1700m:	22:38.09	40.30
250m:	3:12.82	39.58	750m:	9:50.46	39.94	1250m:	16:31.72	40.03	1750m:	23:18.66	40.57
300m:	3:52.63	39.81	800m:	10:30.69	40.23	1300m:	17:12.22	40.50	1800m:	23:59.43	40.77
350m:	4:32.12	39.49	850m:	11:10.85	40.16	1350m:	17:53.58	41.36	1850m:	24:39.25	39.82
400m:	5:11.92	39.80	900m:	11:50.99	40.14	1400m:	18:34.43	40.85	1900m:	25:18.85	39.60
450m:	5:51.75	39.83	950m:	12:30.76	39.77	1450m:	19:15.45	41.02	1950m:	25:58.88	40.03
500m:	6:31.61	39.86	1000m:	13:10.95	40.19	1500m:	19:56.19	40.74	2000m:	26:38.04	39.16

5.	ALVAREZ REPARAZ, Olga	10	C.N. Bierzo-Ponferrada	**27:57.32**	376						
50m:	36.96	36.96	550m:	7:27.67	41.82	1050m:	14:32.88	42.12	1550m:	21:40.03	42.88
100m:	1:16.10	39.14	600m:	8:10.06	42.39	1100m:	15:14.53	41.65	1600m:	22:22.89	42.86
150m:	1:56.23	40.13	650m:	8:52.36	42.30	1150m:	15:57.15	42.62	1650m:	23:06.14	43.25
200m:	2:36.89	40.66	700m:	9:35.46	43.10	1200m:	16:39.61	42.46	1700m:	23:49.43	43.29
250m:	3:17.75	40.86	750m:	10:17.66	42.20	1250m:	17:22.43	42.82	1750m:	24:32.02	42.59
300m:	3:58.79	41.04	800m:	10:59.92	42.26	1300m:	18:05.42	42.99	1800m:	25:14.21	42.19
350m:	4:40.16	41.37	850m:	11:42.71	42.79	1350m:	18:48.42	43.00	1850m:	25:55.87	41.66
400m:	5:21.98	41.82	900m:	12:25.48	42.77	1400m:	19:31.11	42.69	1900m:	26:37.03	41.16
450m:	6:03.81	41.83	950m:	13:07.91	42.43	1450m:	20:14.35	43.24	1950m:	27:18.30	41.27
500m:	6:45.85	42.04	1000m:	13:50.76	42.85	1500m:	20:57.15	42.80	2000m:	27:57.32	39.02

6.	RODRÍGUEZ RODRÍGUEZ, Celia	09	C.N. Bierzo-Ponferrada	**28:11.40**	367						
50m:	37.16	37.16	550m:	7:31.69	41.95	1050m:	14:39.01	43.02	1550m:	21:51.26	43.81
100m:	1:16.20	39.04	600m:	8:14.16	42.47	1100m:	15:21.46	42.45	1600m:	22:34.66	43.40
150m:	1:56.62	40.42	650m:	8:57.25	43.09	1150m:	16:04.81	43.35	1650m:	23:18.13	43.47
200m:	2:37.44	40.82	700m:	9:40.36	43.11	1200m:	16:47.66	42.85	1700m:	24:01.60	43.47
250m:	3:19.30	41.86	750m:	10:22.67	42.31	1250m:	17:31.25	43.59	1750m:	24:43.52	41.92
300m:	4:00.95	41.65	800m:	11:05.27	42.60	1300m:	18:14.90	43.65	1800m:	25:25.83	42.31
350m:	4:42.82	41.87	850m:	11:48.24	42.97	1350m:	18:58.02	43.12	1850m:	26:08.24	42.41
400m:	5:25.46	42.64	900m:	12:30.42	42.18	1400m:	19:40.79	42.77	1900m:	26:50.14	41.90
450m:	6:07.08	41.62	950m:	13:13.02	42.60	1450m:	20:24.89	44.10	1950m:	27:30.80	40.66
500m:	6:49.74	42.66	1000m:	13:55.99	42.97	1500m:	21:07.45	42.56	2000m:	28:11.40	40.60

7.	GARCIA CARRERA, Paula	09	C.N. Ciudad De Avila	**28:34.21**	352						
50m:	36.78	36.78	550m:	7:49.73	44.47	1050m:	15:05.64	43.37	1550m:	22:16.50	42.17
100m:	1:16.69	39.91	600m:	8:33.97	44.24	1100m:	15:49.69	44.05	1600m:	22:58.99	42.49
150m:	1:58.07	41.38	650m:	9:17.27	43.30	1150m:	16:33.42	43.73	1650m:	23:41.20	42.21
200m:	2:40.06	41.99	700m:	10:01.10	43.83	1200m:	17:16.85	43.43	1700m:	24:23.71	42.51
250m:	3:23.11	43.05	750m:	10:44.37	43.27	1250m:	18:00.45	43.60	1750m:	25:05.71	42.00
300m:	4:07.58	44.47	800m:	11:28.32	43.95	1300m:	18:43.45	43.00	1800m:	25:47.84	42.13
350m:	4:51.87	44.29	850m:	12:12.39	44.07	1350m:	19:26.48	43.03	1850m:	26:30.29	42.45
400m:	5:36.73	44.86	900m:	12:55.97	43.58	1400m:	20:09.72	43.24	1900m:	27:11.63	41.34
450m:	6:21.21	44.48	950m:	13:39.34	43.37	1450m:	20:51.80	42.08	1950m:	27:50.30	38.67
500m:	7:05.26	44.05	1000m:	14:22.27	42.93	1500m:	21:34.33	42.53	2000m:	28:34.21	43.91